

## CONTACT

### Mrs. Meera Yadav



Laxmi Nagar Colony, Koiran, Near BHEL , Tarna, Varanasi , 221003, U. P.

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## EDUCATION

2005

- L.N.U.P.E. Gwalior, M. P.  
M.Phill  
70%
- NET

## SKILLS

- Exercise Physiology AND Hockey

## ACHIEVEMENTS & AWARDS

- Team manager of Handball team of M.G.K.V.P. Varanasi Gold medal in in All India Inter University tournament
- Team manager of Hockey women team of M.G.K.V.P. Varanasi
- Team manager of badminton women team of M.G.K.V.P. Varanasi
- Team manager cross country women of team of M.G.K.V.P. Varanasi

## PUBLICATIONS

- **Roll of ICT in Physical Education and Sports**  
Edited Book "Kaushal Vikas Bharatiya Parampara ke Nepathya me" 2017, page no. 174.
- **Altitude Related Health Problem**  
Edited book "Contemporary Climatic Issues and Challenges" 2018, page no. 93.
- **Comparative Study of Motor Fitness Components among Football and Hockey Female Players**  
"International Refereed Research Journal" 2019, page no. 68.

## PERSONAL DETAILS

- Date of Birth : 17/04/1983
- Nationality : Indian
- Religion : Hindu
- Gender : Female

## WORKSHOP

- 6 workshops

## INTERNATIONAL SEMINAR

- 5 International Seminar

## SEMINAR

- 18 Seminar